

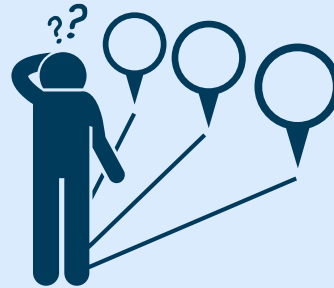
KEY DEVELOPMENTAL NEEDS OF ADOLESCENCE



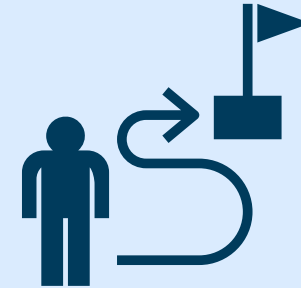
UCLA
Center for
the Developing
Adolescent



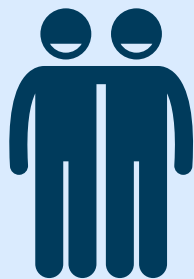
Safe and satisfying ways to explore the world and take healthy risks to test out new ideas and experiences



Real-world scenarios in which to build decision-making and emotional regulation skills



Avenues to develop a sense of meaning and purpose by contributing to peers, families, and communities



Positive ways to earn respect and social status among peers and adults



Experiences that help define personal values, goals, and a positive sense of identity



Warmth and support from parents and other caring adults