## Creating Communities of Acceptance and Belonging



## Did you know?

Acceptance—feeling wanted or needed—is strongly related to adolescents' emotional well-being.



Adolescents who feel a

How does this connect with the development of LGBTQ+ support, support, sense of belonging at school, particularly as a result of teacher support,

LGBTQ youth who are accepted by their families have greater levels of self-esteem and lower levels

of depression, substance abuse, suicidal ideation and behaviors.



respect, work harder and do better academically.

interest, and

The developmental science is clear. However, it cannot address these issues alone. With science-informed innovations and thinking, combined with expertise from practitioners, and the lived experiences of families under multiple contexts, we can identify approaches, strategies, and policies to effectively change the system to impact positive development.

For sources and more information visit CDA's website at: <a href="https://developingadolescent.org/topics/item/lgbtq-youth-resources">https://developingadolescent.org/topics/item/lgbtq-youth-resources</a>

