



UCLA
Center for
the Developing
Adolescent

6 Fast Facts About Adolescent Development

**Adolescence is a
time of remarkable
opportunity.**

**Adolescent brains
are adapting to the
developmental tasks
of this stage of life.**

**Adolescents are
drawn to novel
experiences.**

**Adolescents are
highly sensitive to
respect.**

**Adolescence starts
earlier than we think
and lasts longer
than it used to.**

**Adolescents are a
force for good.**